



LOMI LOMI PRACTITIONER IMMERSION

Three day immersion into Hawaiian Oli, Pule, Spiritual Teachings & Advanced Bodywork Techniques, designed for Practitioners who are ready to deepen their knowledge & application of this wisdom in their lives.

This will be a retreat with combined classroom learning & getting out into nature, to communicate with our ancestors & listen.

Therapists not trained in Lomi Lomi are welcome to apply for attendance.

You can choose to join one, two, or all 3 days. Residential or non-residential.

The more experience I have with this work, the more I realise that following protocol, respect & acknowledgement for these teachings, create a powerful trust relationship with you, the ancestors, and your clients.

I'm privileged to share more of these teachings with you, thanks to the teachers that have given me permission to pass it on.

Me ke aloha, Louise

Due to the nature of this deep work, places are limited & an application process applies.



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KEY TEACHINGS:

- Day 1 - A full day of Oli (chant), Pule (prayer) in the context of when to do what chant in the right context. How to introduce ourselves chanting our lineage & ancestors, how to ask permission to enter a space, how to request guidance & protection. Source: Jeana Naluai & Kekuhi Keali'ikanakaole
- Day 2 - Lei-making & introduction to hula, the sacred story-telling of many layers. (Kamali'i o KaPō OR Kawika). Source: Susan Floyd & Yue Kalei Wang
- Day 3 - Joint Rotations, Pelvic Release, Side-Lying Treatment. Source: Susan Floyd & Jeana Naluai

DETAILS:

- Hot meal at lunch time is included. Time to sit together & nourish.
- Breakfast & dinner self-catered. You'll have use of kitchen & dining room.
- Class times may vary. (Guideline 10am - 5pm)

HOW TO BOOK:

* 50% deposit required to book your place

INVESTMENT:

(€100 per day training. €50 per night accommodation sharing)

- 3 days without accommodation €300
- 3 days with accommodation €450
- 2 days without accommodation €200
- 2 days with accommodation €300
- 1 day without accommodation €100
- 1 day with accommodation €150
- extra night accommodation €50
- single room add €30 per night

For more information contact Louise - louise@alohahouse.ie